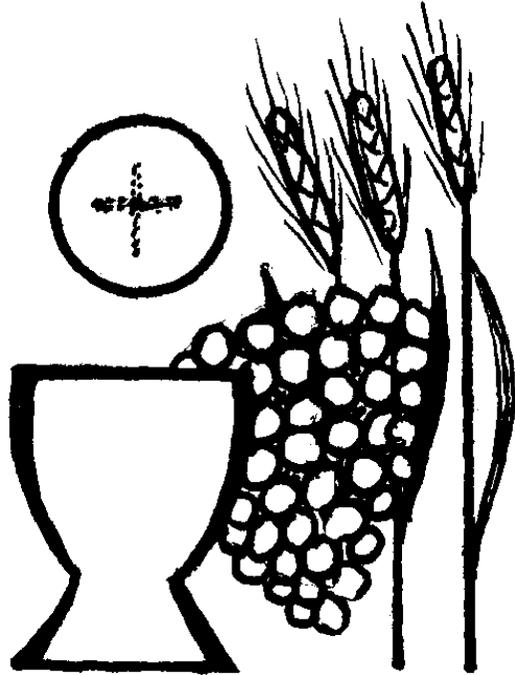


**THE PARISH OF BECCLES**  
**ST MICHAEL'S & ST LUKE'S**



**HOLY COMMUNION**  
**FOR ORDINARY TIME**

## Preparation

You might find it helpful to use one of these prayers as a form of preparation.

We do not presume  
to come to this your table, merciful Lord,  
trusting in our own righteousness,  
but in your manifold and great mercies.  
We are not worthy so much as to gather up the crumbs  
under your table.  
But you are the same Lord whose nature is always to have mercy.  
Grant us therefore, gracious Lord,  
so to eat the flesh of your dear Son Jesus Christ  
and to drink his blood,  
that our sinful bodies may be made clean by his body  
and our souls washed through his most precious blood,  
and that we may evermore dwell in him, and he in us. Amen.

Most merciful Lord,  
your love compels us to come in.  
Our hands were unclean,  
our hearts were unprepared;  
we were not fit  
even to eat the crumbs from under your table.  
But you, Lord, are the God of our salvation,  
and share your bread with sinners.  
So cleanse and feed us  
with the precious body and blood of your Son,  
that he may live in us and we in him;  
and that we, with the whole company of Christ,  
may sit and eat in your kingdom. Amen.

## The Gathering

*Words of welcome or introduction may be said*

We come from scattered lives to meet with God.

Let us recognize his presence with us.

*Silence is kept.*

As God's people we have gathered:

**let us worship him together.**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you  
**and also with you.**

*or*

We meet in the name of God:

**God the Father,**

**God the Son,**

**God the Spirit:**

**God is one.**

### Hymn

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

## Prayers of Penitence

*The summary of the law may be used*

Our Lord Jesus Christ said:

The first commandment is this:

‘Hear, O Israel, the Lord our God is the only Lord.

You shall love the Lord your God with all your heart,  
with all your soul, with all your mind,  
and with all your strength.’

The second is this: ‘Love your neighbour as yourself.’

There is no other commandment greater than these.

On these two commandments hang all the law and the prophets.

**Amen. Lord, have mercy.**

*A minister uses this invitation to confession or other suitable words*

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.



Let us confess our sins in penitence and faith,  
firmly resolved to keep God’s commandments  
and to live in love and peace with all.

**Almighty God, our heavenly Father,  
we have sinned against you and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.**

**We are truly sorry and repent of all our sins.**

**For the sake of your Son Jesus Christ, who died for us,**

**forgive us all that is past and grant that we may serve you in newness  
of life to the glory of your name. Amen.**

*or*

We have not always worshipped God, our creator.

Lord, have mercy.

**Lord, have mercy.**

We have not always followed Christ, our Saviour.

Christ, have mercy.

**Christ, have mercy.**

We have not always trusted in the Spirit, our guide.

Lord, have mercy.

**Lord, have mercy.**

*The president pronounces the absolution in these or other suitable words*

Almighty God,  
who forgives all who truly repent,  
have mercy upon *you*,  
pardon and deliver *you* from all *your* sins,  
confirm and strengthen *you* in all goodness,  
and keep *you* in life eternal;  
through Jesus Christ our Lord.

**Amen.**

*We say or sing the Gloria*

Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.

*or*

Glory to God, we give you thanks and praise;  
of heavenly joy and earthly peace we sing.  
We worship you, to you our hearts we raise,  
Lord God, almighty Father, heavenly King.

Lord Jesus Christ, the Father's only Son,  
you bore for us the load of this world's sin.  
O Lamb of God, your glorious vict'ry won,  
receive our prayer, grant us your peace within.

Alone, O Christ, you only are the Lord,  
at God's right hand in majesty most high:  
who with the Spirit worshipped and adored:  
with all the heavenly host we glorify.

## **The Collect**

*A Minister introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding.*

*The Collect is said.*

## **THE LITURGY OF THE WORD**

### **Readings**

*At the end the reader says*

This is the word of the Lord.

**Thanks be to God**

### **Hymn**

### **Gospel Reading**

*When the Gospel is announced the reader says*

Hear the Gospel of our Lord Jesus Christ according to *N.*

**Glory to you, O Lord.**

*At the end*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

### **Sermon**

### **The Creed**

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.



We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and  
the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.



or

We say together in faith

**Holy, holy, holy  
is the Lord God almighty,  
who was, and is, and is to come.**

We believe in God the Father,  
who created all things:  
**for by his will they were created  
and have their being.**

We believe in God the Son,  
who was slain:  
**for with his blood,  
he purchased us for God,  
from every tribe and language,  
from every people and nation.**

We believe in God the Holy Spirit:  
**the Spirit and the Bride say, 'Come!'  
Even so come, Lord Jesus!  
Amen.**

### **Prayers of Intercession**

*These responses may be used*

Lord, in your mercy,  
**hear our prayer.**

Lord hear us.  
**Lord graciously hear us.**

*And at the end*

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.**



# THE LITURGY OF THE SACRAMENT

## The Peace

*The Minister may introduce the Peace with a suitable sentence and then says*

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace

## Hymn

## Preparation of the Table

*The gifts of the people are gathered and presented*

*The table is prepared and bread and wine are placed upon it*

Blessed are you, Lord God of all creation:  
through your goodness we have this bread to set before you,  
which earth has given and human hands have made.  
It will become for us the bread of life.

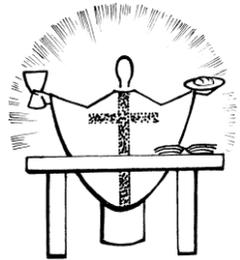
**Blessed be God for ever.**

Blessed are you, Lord God of all creation:  
through your goodness we have this wine to set before you,  
fruit of the vine and work of human hands.  
It will become for us the cup of salvation.

**Blessed be God for ever.**

or

**Yours, Lord, is the greatness, the power,  
the glory, the splendour, and the majesty;  
for everything in heaven and on earth is yours.  
All things come from you,  
and of your own do we give you.**



## EUCCHARISTIC PRAYER B

The Lord is here.  
**His Spirit is with us.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**



Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and saying/singing:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

*One of these acclamations is used*

Let us proclaim the mystery of faith

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

or

Praise to you, Lord Jesus:

**Dying you destroyed our death,**

**rising you restored our life:**

**Lord Jesus, come in glory.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;

by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

**Amen.**

*The service continues with the Lord's Prayer on page 21*

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

Father, you made the world and love your creation.

You gave your Son Jesus Christ to be our Saviour.

His dying and rising have set us free from sin and death.

And so we gladly thank you,

with saints and angels praising you, and saying /singing:

**Holy, holy, holy Lord,**

**God of power and might,**

**heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

We praise and bless you, loving Father,

through Jesus Christ, our Lord;

and as we obey his command,

send your Holy Spirit,

that broken bread and wine outpoured

may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends  
and, taking bread, he praised you.

He broke the bread, gave it to them and said:

Take, eat; this is my body which is given for you;

do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.  
Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

Christ is the bread of life:  
**When we eat this bread and drink this cup,  
we proclaim your death, Lord Jesus,  
until you come in glory.**

Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.  
Look with favour on your people,  
gather us in your loving arms  
and bring us with [N and] all the saints  
to feast at your table in heaven.  
Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever. **Amen.**

The service continues with the Lord's Prayer on page 21

## EUCHARISTIC PRAYER H

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

It is right to praise you, Father, Lord of all creation;  
in your love you made us for yourself.  
When we turned away  
you did not reject us,  
but came to meet us in your Son.  
**You embraced us as your children  
and welcomed us to sit and eat with you.**

In Christ you shared our life  
that we might live in him and he in us.  
**He opened his arms of love upon the cross  
and made for all the perfect sacrifice for sin.**

On the night he was betrayed,  
at supper with his friends  
he took bread, and gave you thanks;  
he broke it and gave it to them, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.  
**Father, we do this in remembrance of him:  
his body is the bread of life.**

At the end of supper, taking the cup of wine,  
he gave you thanks, and said:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you for the forgiveness of sins;  
do this in remembrance of me.

**Father, we do this in remembrance of him:  
his blood is shed for all.**

As we proclaim his death and celebrate his rising in glory,  
send your Holy Spirit that this bread and this wine  
may be to us the body and blood of your dear Son.

As we eat and drink these holy gifts  
make us one in Christ, our risen Lord.

With your whole Church throughout the world  
we offer you this sacrifice of praise  
and lift our voice to join the eternal song of heaven:

**Holy, holy, holy Lord,  
God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*The service continues with the Lord's Prayer on page 21*



## ADDITIONAL EUCHARISTIC PRAYER TWO

The Lord is here  
**His Spirit is with us.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

*Why is it right to give thanks and praise?  
Listen, and we will hear.*

Lord of all life,  
you created the universe,  
where all living things reflect your glory.  
You give us this great and beautiful earth,  
to discover and to cherish.

You give us your love,  
even when things go wrong.  
Jesus knew hurt and pain.  
Through him you wipe away our tears,  
and fill us with your peace.

You made us all,  
each wonderfully different,  
to join with the angels  
and sing your praise:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**[Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.]**

We thank you, loving Father,  
because, when we turned away,  
you sent Jesus, your Son.  
He gave his life for us on the cross  
and shows us the way to live.

Send your Holy Spirit  
that these gifts of bread and wine  
may be for us Christ's body and his blood.

*Why do we share this bread and wine?  
Listen, and we will hear.*

On the night before he died,  
when darkness had fallen,  
Jesus took bread.  
He gave thanks, broke it,  
and shared it with his disciples, saying:  
'This is my body, given for you.  
Do this to remember me.'

After they had eaten, he took the cup of wine,  
gave thanks, and shared it with his disciples, saying:  
'This is my blood, poured out for you and for many,  
for the forgiveness of sins.'

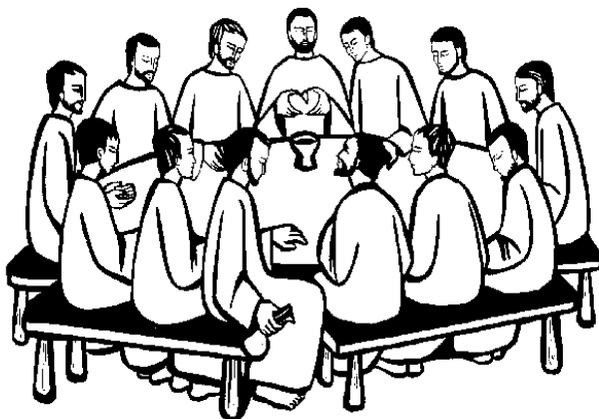
So Father, with this bread and this cup  
we celebrate his love, his death, his risen life.  
As you feed us with these gifts,  
send your Holy Spirit, and change us more and more  
to be like Jesus our Saviour.

*How do we follow Jesus Christ?  
Listen, and we will hear.*

Help us, Father, to love one another,  
as we look forward to that day  
when suffering is ended,  
and all creation is gathered in your loving arms.

And now with all your saints  
we give you glory,  
through Jesus Christ,  
in the strength of the Spirit,  
today and for ever.

**Amen.**



## **The Lord's Prayer**

Let us pray with confidence as our Saviour has taught us

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

## **Breaking of the Bread**

We break this bread  
to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**



## **Agnus Dei**

**Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Lamb of God, you take away the sin of the world,  
grant us peace.**



*or*

**Jesus, Lamb of God,  
have mercy on us.**

**Jesus, bearer of our sins,  
have mercy on us.**

**Jesus, redeemer of the world,  
grant us peace.**

### **Giving of Communion**

God's holy gifts  
for God's holy people.

**Jesus Christ is holy,  
Jesus Christ is Lord,  
to the glory of God the Father.**

*The president and people receive communion or a blessing*

### **Prayer after Communion**

*Silence is kept*

**Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out  
in the power of your Spirit  
to live and work  
to your praise and glory. Amen.**

Parish notices

## Hymn

### Blessing

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

or

The love of the Lord Jesus  
draw *you* to himself,  
the power of the Lord Jesus  
strengthen *you* in his service,  
the joy of the Lord Jesus fill *your* hearts;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

or

**We go into the world  
to walk in God's light,  
to rejoice in God's love  
and to reflect God's glory.**





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