

Spiritual Communion

For when unable to take or attend Communion

+In the Name of the Father, and of the Son, and of the Holy Spirit. Amen

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

Collect

Let the power of the Holy Spirit come upon us, O Lord, we pray: that you may mercifully cleanse our hearts and defend us from all adversities. Through Christ our Lord. Amen.

The Epistle – Revelation 3:20

Listen! I am standing at the door, knocking; if you hear my voice and open the door, I will come in to you and eat with you, and you with me.

The Gospel – John 15:5

I am the vine, you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing.

Take a moment to think of the failures of the past week; recall where you may have sinned in thought, word or deed, and offer them to Christ.

Act of Penitence

Almighty God, we are sorry that we have sinned against you and against our neighbour. Forgive us for Jesus' sake – help us not to repeat those sins we have confessed to you today in our thoughts. Amen

Act of Reception

O Lord, in union with the faithful at every altar of your Church where your blessed Body and Blood are being offered to the Father, we desire to offer you praise and thanksgiving. We believe that you are present in the Holy Sacrament. And since we cannot now receive you sacramentally, we pray for you to come spiritually into our hearts. We unite ourselves with you, and embrace you with all the affection of our souls. Let us never be separated from you. Let us live and die in your love.
Amen

Come Lord Jesus, live in your servants in the fullness of your strength, in the perfection of your ways and in the holiness of your spirit, and rule over every hostile power in the might of your Spirit and to the glory of God the Father. Amen.

May the Body and Blood of our Lord Jesus Christ preserve our bodies and souls into everlasting life. Amen.

Act of Praise and Thanksgiving

+Blessed, praised and adored be Jesus Christ on his throne of glory in Heaven, and in the most Holy Sacrament of His table. Amen

Prayer – The Soul of Christ

Soul of Christ, sanctify me.
Body of Christ, save me;
Blood of Christ, fill me;
Water from the side of Christ, wash me;
Passion of Christ, strengthen me;
O good Jesus, hear me;
Within your wounds, hide me;
Suffer me not to be separated from you;
From the malicious enemy defend me;
In the hour of my death, call me
And bid me come to you.
That with the Saints I may praise you
For ever and ever. Amen
+In the Name of Father, Son & Holy Spirit. Amen